

What to pack:

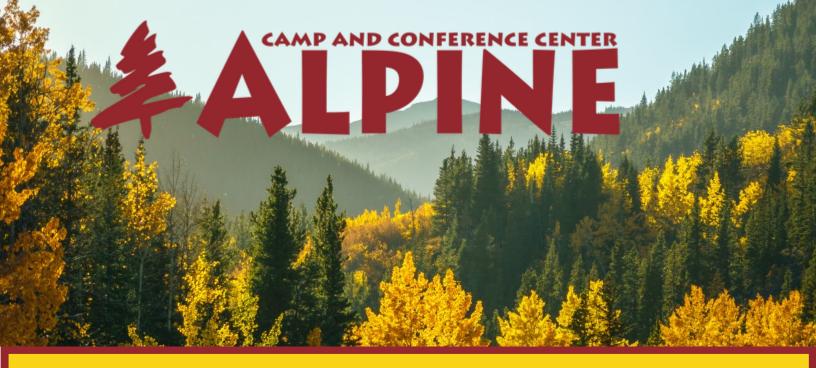
Depart: Friday, September 20 at 6:00 am Return: Saturday, September 21at 3:30pm

- We will travel on a bus, so please take any precautions if you have motion sickness.
- Expect weather to be sunny and warm up to the 80's during the day and cooler in the 60's at night.
- You will be engaging in physical activities on Friday so please pack athletic shoes and activewear clothes.
- Bedding is not included at this center so we ask for you to bring bedding with you (sheets, pillow, sleeping bag, etc.) as well as a towel and washcloth. We have a few sleeping bags we will bring, so please let us know if you need one. You may have a roommate so possible earplugs may be suggested!
- All food and beverages are included on the retreat.



Alpine Retreat & Camp

415 Club House Drive, Blue Jay, CA 92317 www.alpine.camp Questions? Call Amy at (805) 404-7677



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- Expect weather to be sunny and warm in the 80's during the day and cooler in the 60's at night.
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Friday, September 22 (6am) - Saturday, September 23 (3pm)



\$120.00 includes accommodations and lunch and dinner on Friday & breakfast on Saturday (\$145 with transportation)



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415 Club House Drive, Blue Jay, CA 92317 (909) 337-3800

www.alpine.camp